

Social Prescribing Initiatives: Social Prescribing Bendigo

Service: The Greater Bendigo Social Prescribing Program is a service for health professionals to refer patients who require low level support to connect with social activities in community.

Main Component: Participants referred by a health professional can be connected with a Link Worker through City of Greater Bendigo that will assess interests and capacity in order to connect people with local activities. Capacity building for communities through support to develop groups or activities. Assistance for other agencies working with vulnerable population groups to discover available social wellbeing opportunities in the Bendigo region.

Who is this for? Participants living with chronic or complex illness, low level anxiety and depression

Outcomes: Program is focused on connecting health with community and making social prescribing a part of the health professional tool kit to build stronger social connection and encourage wellbeing activities. Program currently funded until June 2023.

Organisations-involved: City of Greater Bendigo

Links: <https://www.bendigo.vic.gov.au/Services/Community-and-Care/Social-prescribing>

Keywords: Social Prescribing / Community Connection / Healthy communities

Source: Suezanne Martin, Health Services Coordinator, Murray PHN. T: 0479077282, E: smartin@murrayphn.org.au