

Mind The Gap: Navigating Health

Focusing on Population and Systems Level Experiences from Queensland

Community of Practice: Monday 6 June 12:00 – 1:00pm

Please register in advance for this meeting series through [Kaylene Ryan](#), Manager, ADMA
Facilitated by Siân Slade, PhD Candidate Nossal Institute for Global Health



- First Nations Navigation in Cancer Care
- Nurse Navigator in Complex Chronic Disease
- Navigating Children's and Youth Health
- Aged Care System Navigator

Presentations followed by Q&A

Dr Bena Brown



Nikia Goldsmith



Perrin Moss



Kate Kleeman



First Nations Navigation in Cancer Care, Dr Bena Brown, University of Queensland

Dr Bena Brown is a clinician/researcher who brings her passion for caring for people with cancer and their families to the First Nations Cancer and Wellbeing Research team at UQ. Her focus is on delivering projects that optimise survivorship and cancer health services for Aboriginal and Torres Strait Islander people. These projects include implementing novel models of care such as navigation and health behaviour intervention, optimising communication and access to services through the development and evaluation of culturally responsive resources. Bena is mum to two boisterous boys, a keen yogi, and passionate student and board member at Vulcana Circus.

Nurse Navigator in Complex Chronic Disease, Nikia Goldsmith, Navigation Service Patient Access Clinical Effectiveness (PACE)

Nikia Goldsmith is a veteran Nurse Navigator in Queensland, having moved to the state at the introduction of the Navigator role in 2016 and followed the full policy cycle into the Department of Health to build an ICT platform and drive Innovation in Nursing and Midwifery practice. Nikia has recently returned to her role as a Nurse Navigator in Complex Chronic Disease in Metro North Health. Providing care coordination, advocacy and education to consumers with Complex Chronic Disease in the Caboolture, Kilcoy and Woodford Directorate. An area of particular interest is value-based Healthcare and she has been recently appointed as a clinical sponsor of The Choosing Better Care Together Program Board. Nikia is the lead of a passion project called 'Walk a mile in my Thongs' that is into its fourth (4th) year, whereby thongs are distributed to rural and remote communities in Queensland. Starting in 2018 after discussion on barriers to care, simply giving a pair of thongs to people meant that they could board a plane and access the healthcare they need; no matter where they live.

Navigating Children's and Youth Health, Perrin Moss, Children's Health Queensland Hospital and Health Service

Perrin is the Program Manager for Integrated Care at Children's Health Queensland Hospital and Health Service. Perrin has been leading large-scale, multi-site projects across the health and tertiary education sectors for over ten years. In his current role at CHQ, he has a portfolio of state-wide child and youth health programs that focus on integration, innovation and partnership development. Perrin has a successful track record in acquiring competitive grant and philanthropic funding to initiate innovative new projects and has successfully transitioned many large-scale projects into business as usual programs by securing recurrent funding sources. Perrin holds a Bachelor of Business (International Business and Management) and a Bachelor of Creative Industries (Media and Communication) and commenced study for his PhD at The University of Queensland in 2018.

Aged Care Navigators, Kate Kleeman, COTA Queensland

Kate has been participating in the Aged Care Navigator trials since September 2021. Based in Cairns, Queensland Kate covers the Cairns and Hinterland area as part of this trial. Kate's work involves assisting older people and their family/friends/carers to understand the Aged Care system, register for services with My Aged Care and to link to support services in their area. Kate is particularly interested in helping people who are vulnerable or isolated and may "fall through the cracks" otherwise. I connect with people via referrals from intermediaries (ACAT, Nurse Navigators, Social Workers, Community Workers) or at community centres and libraries. More information can be found here <https://www.cotaqld.org.au/program-and-services/current-programs/aged-care-navigator-trial/>