



## Navigating the Challenges of Managing Persons with Diabetes who have Cognitive Impairment & the Importance of Connection

12.00 – 1.00pm Wednesday 24 November 2021 (Melbourne EST)

Register in advance at: [https://zoom.us/webinar/register/WN\\_MEbWoq1\\_STSZyW0dPLSB1g](https://zoom.us/webinar/register/WN_MEbWoq1_STSZyW0dPLSB1g)

After registering, you will receive a confirmation email containing information about joining the webinar.

The impact of cognitive impairment in sustaining self-care in persons with diabetes mellitus is under-recognised and under-appreciated. As a result, patients do not receive optimal care. With an ageing society and multimorbidity increasing, it is crucial for clinicians to understand the nature and impact of cognitive impairment on a patient in order to successfully manage their chronic health conditions.

This webinar addresses the challenges in navigating the management of persons with diabetes mellitus and dementia and the importance of social connection with the patient, community services and the hospital.

The webinar will work through a case study with a panel discussion to demonstrate application of theory into clinical practice. The panel will include:

**Dr Chelsea Baird:** Chelsea is a Geriatrician working in regional Victoria across both acute and subacute inpatient services. Chelsea has an interest in chronic disease and has delivered research and education into the impact of cognitive impairment on self-management in chronic diseases. She also has an interest in safety and quality in healthcare and is currently undertaking a Masters in Health Services Management.

**Ms Sue Clifford:** Sue has been nursing for 35 years. She was hospital trained and gained a Bachelor of Nursing some years later. A large proportion of Sue's career has been spent in community nursing and community programs, focusing on Chronic Disease Management. The focus has been keeping people at an optimal level of health and well supported in the community. Sue currently work as a Care Co-ordinator in the Emergency Department, focusing on safe and appropriate discharges into the community. Sue enjoys working with our older population and has a Graduate Certificate in Gerontics.

**Ms. Sally Eastwood:** Sally has been working as an occupational therapist for 15 years, focusing on geriatrics and chronic health over the past 10 years. She completed her Masters of Science – majoring in Dementia Care last year. Her final project; a rapid review determining what are the most effective strategies that clinicians can use to engage older community dwelling people with a cognitive impairment to self-manage chronic conditions.

**Prof Joseph Ibrahim:** Joseph is a professor at two of Australia's leading universities and a practising senior specialist in geriatric medicine with over 30-years of clinical experience in the health and well-being of older people. Joseph has a Fellowship of the Royal Australasian College of Physicians, a Doctorate of Philosophy in Epidemiology and Health Services Research (Monash University), Fellowship of the Australian Faculty of Public Health Medicine and a Graduate Certificate in Higher Education. He has research interests in medico-legal death investigation, elder abuse and "dignity of risk", as well as quality of clinical care, performance measurement and patient safety. Joseph is the inaugural and current editor of the Residential Aged Care Communiqué and the producer, narrator of the international award winning animated short film 'Dignity of Risk' to promote choice and improving quality of life for residents.

**Dr Kerrie Shiell:** Dr Kerrie Shiell is a senior clinical neuropsychologist with a wealth of experience in program management, policy development, education, research, diagnostic assessment and behaviour management. As a tireless advocate for improving health care outcomes for older adults, Dr Shiell has recently established the world-renowned delirium prevention initiative known as the Hospital Elder Life Program (HELP) within a large regional hospital. She is a mentor and supervisor to junior psychologists, allied health professionals, nurses and medical staff throughout BHS. She has presented broadly about the impact of cognitive impairment on self-management in chronic disease, delirium prevention and dignity of risk, and is widely consulted about the use of non-pharmacological support strategies for the behavioural and psychological symptoms of dementia.

This webinar will provide a great opportunity to hear and liaise with others working or interested in this area with a view to build community and ongoing collaboration.

Co hosted by ADMA and Monash University with thanks to Dementia Training Australia for the initial support in establishing this program.

