

Social Prescribing Initiatives: Wellbeing Scripts System Building | Central Highlands Association of Neighbourhood Houses Inc

Service: Wellbeing Scripts System Building

Main Component:

Working with an Asset Based Community Development and Human Centre Design approach we are exploring and co-designing referral pathways between health practitioners and neighbourhood houses in the Central Highlands area, to increase people's participation in community based social engagement activities to enhance and support wellbeing.

Outcomes: Our aims are to elevate the awareness of neighbourhood houses as community hubs for wellbeing, and support health practitioners to include referral to neighbourhood houses to support health outcomes, decreasing the impact of social isolation and loneliness on individuals as we as within the health system.

This initiative will be prototyping place based co-designed systems with health practitioners and neighbourhood houses at a local, grassroots level.

Case studies and insights will be shared throughout the project, with overall findings promoted at the conclusion of the project.

Organisations-involved: CHANH, Health Futures Australia, Neighbourhood Houses,

Links: chanh.org.au

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Position: Network Manager

Organisation: Central Highlands Association of Neighbourhood Houses Inc