

Kingston Integrated Care Community of Practice (CoP)

17 April 2020 Event Summary

The fourth Integrated Care Community of Practice for the Kingston region was held on the 17th April 2020 via Zoom video. The event ran from 7am to 8am and Dr WeeJie Chee, General Physician Monash Health was Medical Lead and panel moderator. The event was originally scheduled for 24th March as a face to face forum however this was cancelled due to the COVID 19 pandemic .

The forum featured a panel discussion on social isolation and social prescribing and how services have adjusted in the current climate of COVID 19. There was an opportunity for Q&A utilising the live chat function and attendee interaction was facilitated through breakout rooms.

Panellists were:

- Dr Judy Lowthian, Head of Research, Bolton Clarke Research Institute.
- David Menzies, Manager Chronic Disease Program, SEMPHN.
- George Robinson, General Manager, Central Bayside Community Health Service.
- Melanie Tighe, Manager Hampton and Highett Community Centres.

Attendees

No. of registrations	55
No. of attendees on the day	47
Attendee sector of service representation	ADMA; Alfred Health; Bolton Clarke; Calvary Health Care Bethlehem; Caulfield Hospital; City of Kingston; Community Centre/Neighbourhood House; Community Health Service; DHHS; Frankston City Council; General Practice; Monash Health; Monash University; Parks Victoria; People and Parks Foundation; Social Services SEMPHN; Southern Melbourne PCP; Southern Metropolitan Regional Diversity; The University of Melbourne

Feedback Snapshot. 34% provided feedback.

- 100% would attend future events.
- 100% believed that there were benefits in holding regular multidisciplinary and multiservice CoPs.
- 94% had become aware of a new service as a result of attending one of the CoP whilst for 6% this was their first CoP.
- 44% are now connected to them for work related matters if required and 6% said they are not.

Some benefits listed

- "It's great to learn more about services in our area. Some I know of but learnt more about what programs they offer - very useful.
- "Understanding the changes in programs as they adapt during COVID
- "Sharing information across multiple sectors in Health.
- "Connecting with relevant other organisations.

- “Gaining knowledge of other services in the catchment building new partnerships sharing resources
- “Staying abreast of developments within the catchment area
- “Highlights potential opportunities to collaborate or partner on specific projects.
- “I work in the hospital as a doctor, is beneficial for me to know what community support service is available.
- “Forum to connect and share with a range of providers/stakeholders - identify mutually reinforcing activities happening across the catchment. Great basis for a developing a better understanding of complex problems (and working out how to address them).

Other comments

- “It was a really interesting meeting and convenient via zoom.
- “These CoP's have been terrific and in some ways, have improved over the course of the events - I have attended all 4 to date.
- “The session was very useful and fitted in with a project we are working on and have now connected to people within the CoP for collaboration/info sharing.
- “It was positive to hear about the various programs that are being delivered - giving attendees a good idea of options available for social prescription. Sometimes this exposure to "good news" is just the encouragement a practitioner or service might need to give something a try themselves. At the same, social isolation remains a major problem (magnified by COVID-19, but pre-existing), so perhaps we also need to reassess our collective understanding of the problem in order to shape our actions to address to the root causes.
- “Fantastic notes that came in an email afterwards
- “The CoP was fantastic with very interesting topic and speakers. It worked really well on Zoom. The break out groups were an excellent addition to the session to have small group chats. Well done.
- “Really valuable meeting