Assessment of Care for Chronic Conditions

Staying healthy can be difficult when you have a chronic condition. We would like to learn about the type of help with your condition you get from your health care team. This might include your regular doctor, his or her nurse, or physician's assistant who treats your illness. Your answers will be kept confidential and will not be shared with your physician or clinic.

Over the past 6 months, when I received care for my chronic conditions, I was:

	None of the time	A Little of the Time	Some of the Time	Most of the Time	<u>Always</u>
B1. Helped to set specific goals to improve my eating or exercise.	\Box_1	\square_2	\square_3	\Box_4	\square_5
B2. Asked to talk about my goals in caring for my condition.	\square_1	\square_2	\square_3	\square_4	\square_5
B3. Asked questions, either directly or on a survey, about my health habits.		\square_2	\square_3	\square_4	\square_5
B4. Shown how what I did to take care of myself influenced my condition.	\Box_1	\square_2	\square_3	\square_4	\square_5
B5. Given a written list of things I should do to improve my health.	\square_1	\square_2	\square_3	\square_4	\square_5
B6. Asked for my ideas when we made a treatment plan.		\square_2	\square_3	\square_4	\square_5
B7. Given choices about treatment to think about.	\square_1	\square_2	\square_3	\square_4	\square_5
B8. Asked to talk about any problems with my medicines or their effects.	\square_1	\square_2	\square_3	\square_4	\square_5
B9. Given a copy of my treatment plan.	\square_1	\square_2	\square_3	\square_4	\square_5

Over the past 6 months, when I received care for my chronic conditions, I was:

	None of the time	A Little of the Time	Some of the Time	Most of the Time	Always
B10. Contacted after a visit to see how things were going.	\Box_1	\square_2	□3	\square_4	\square_5
B11. Referred to a dietitian, health educator, or counselor.	\square_1	\square_2	\square_3	\square_4	\square_5
B12. Told how my visits with other types of doctors, like an eye doctor or other specialist, helped my treatment.		\square_2	\square_3	\square_4	\square_5
B13. Asked how my visits with other doctors were going.	\square_1	\square_2	\square_3	\square_4	\square_5
B14. Encouraged to attend programs in the community that could help me.		\square_2	\square_3	\square_4	\square_5
B15. Satisfied that my care was well organized.	\square_1	\square_2	\square_3	\square_4	\square_5
B16. Sure that my doctor or nurse thought about my values, beliefs, and traditions when they recommended treatments to me.		\square_2	\square_3	\Box_4	□₅
B17. Helped to make a treatment plan that I could carry out in my daily life.	\square_1	\square_2	\square_3	\square_4	\square_5
B18. Helped to plan ahead so I could take care of my condition even in hard times.		\square_2	\square_3	\square_4	\square_5
B19. Asked how my chronic condition affects my life.	\square_1	\square_2	\square_3	\square_4	\square_5
B20. Encouraged to go to a specific group or class to help me cope with my chronic condition.	\square_1	\square_2	\square_3	\square_4	\square_5