

Living with long-term health issues?

WHO'S IN CHARGE?

Health professionals are changing the way
we support people with long-term medical
conditions to get the most out of life.



LONG-TERM MEDICAL CONDITIONS INCLUDE: ARTHRITIS ■ DIABETES ■ CHRONIC LUNG CONDITIONS ■ ASTHMA ■ HEART DISEASE



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We will work with you to:

- Set goals
- Make an action plan
- Do problem solving
- Plan when and how we keep in touch with you
- Find information and resources in the community



At Knox Community Health Service we have many services and programs that support people with long-term medical conditions to get the most out of life.

For more information about what we can offer you, visit www.kchs.org.au or phone (03) 9757 6200 and ask to speak with the Intake service.

Part of the Early Intervention in Chronic Disease initiative. Raising awareness of chronic disease self-management.

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At Darebin Community Health, we have many services and programs that support people with long-term medical conditions to get the most out of life.

For more information about what we can offer you, speak with us at your next appointment, or phone (03) 8470 1111 and ask to speak with the Intake service.

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MonashLink
Community Health Service

At MonashLink Community Health Service we have many services and programs that support people with long-term medical conditions to get the most out of life.

For more information about what we can offer you, visit www.monashlink.org.au or phone 1300 552 509 and ask to speak with a Service Coordinator.

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